


Course No:
Course Title: Nursing
Psychiatric
Date: 21 \ 4 \ 2018
No. of Questions: (4)
Time: one hours
Using Calculator (No)

University of Palestine

2nd. Midterm
Exam Second semester
2017/2018
Total Grade: 15

Instructor Name:
Student No.: _____
Student Name: _____
College Name: Health Professions
Dep./Specialist: Nursing
Using Dictionary (No)

Question No. I : Multiple choice questions (10 Marks)

Choose the most correct answer from the following:

1. In diagnostic criteria for major depressive disorder: at least one of the symptoms eitheror:

- a. Insomnia, hypersomnia
- b. Depressed mood, loss of interest
- c. Psychomotor agitation, retardation
- d. Weight gain, weight loss

2. Symptoms of generalized anxiety disorder may include

- a. Excessive anxiety and worry for 6 month at least
- b. Restlessness and irritability
- c. Difficult to control worry
- d. All of the above

3. Child complain of 1year of both hypomanic and depressive periods that don't meet the criteria for depressive and hypomanic episode , diagnosed as

- a. Dysthymic disorder
- b. Bipolar I disorder
- c. Cyclothymic disorder
- d. Bipolar II disorder

4. Which of the following statement Not true about the symptoms of premenstrual dysphoric disorder

- a. increase within few days after onset of menses
- b. absent in the week post menses
- c. present in the final week before onset of menses
- d. All of the above

5. Individuals with agoraphobia are fearful and anxious about the following situations, except:

- a. Being in crowd
- b. Being in enclosed places
- c. Using public transportation
- d. Invasive medical procedure


6. When the nurse observe that patient exhibits anxiety or fear of meeting unfamiliar people and fear eating or drinking in front of others, patient may diagnosed as.....:

- a. Social phobia
- b. Separation anxiety disorder
- c. Selective mutism
- d. Hoarding disorder

7. For diagnosis of bipolar II disorder, it is necessary to meet the criteria for at least one....:

- a. Hypomanic and major depressive episode
- b. Manic and Major depressive episode
- c. Manic and hypomanic episode
- d. None of the above

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8. Which of the following statement is not true about Selective Mutism.....:

- a. Consistent failure to speak in social situation
- b. Duration half month at least
- c. Not attributable to lack of knowledge
- d. Not limited to 1st month of school

9. The difference between manic and hypomanic episode in which that Hypomanic episodes:

- a. don't impair person's ability to function
- b. No psychotic features
- c. Lasting for at least four consecutive days
- d. All of the above

10. Which of the following statement describe persistent depressive disorder.....:


- a. Duration at least one year in adults
- b. Acute form of depression
- c. less severe symptom that don't meet criteria for major depressive episode
- d. Called Cyclothymia

Question No. II: Write the term for appropriate statement (5 Marks)

1. Panic attack	2. Hypomania	3. Separation anxiety disorder	4. Specific phobia
5. Depersonalization	6. Mania	7. Panic disorder	8. Adjustment disorder

1. () Fear or anxiety about separation from attachment figures to a degree that is developmentally inappropriate.
2. () Marked, irrational and immediate fear or anxiety about identified object or situation which may not be actually dangerous.
3. () Abrupt surges of intense fear or discomfort that reach a peak within minute, accompanied by physical and/ or cognitive symptoms.
4. () Being detached from oneself, (this is one of the symptoms of panic attack).
5. () Abnormally and persistently elevated, expansive or irritable mood for at least 4 consecutive days for most, nearly every day and including grandiosity, distractibility, and very talkative.

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Question No. III : Put True (T) or False (F) (7 marks)

1. () In anxiety disorder fear or anxiety is suitable to actual threat posed by the social situation.
2. () Hematophobia is one example of social phobia (social anxiety disorder) .
3. () Bipolar disorder more common among the higher socioeconomic classes.
4. () Psychotherapy is useful for the treatment of acute manic episodes.
5. () Depression decrease in individuals with close interpersonal relationships.
6. () Major depression is one of the leading causes of disability.
7. () Cognitive theory suggesting that the primary disturbance in depression is cognitive rather than affective.

Question No. IV : Discussion (8 marks)

Answer two questions from the following questions:

- A. Mention the Treatment for Depressive disorders and discuss one treatment modalities in details.
- B. Mention the symptoms of Panic attacks (7 symptoms at least).
- C. writes five Diagnostic Criteria for Major Depressive Disorders

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