

Course No:

Course Title: Psychiatric Nursing

Date: 20/04/2017

No. of Questions: (4)

Time: one hours

Using Dictionary (No)



Second Midterm exam  
second semester  
2016/2017

Total Grade: 15

Instructor Name: \_\_\_\_\_

Student No.: \_\_\_\_\_

Student Name: \_\_\_\_\_

College Name: intermediate

diploma

Dep./Specialist: Nursing

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**Question No. 1: Multiple choice questions. (10 Marks)**

- 1. Client who is persistently fearful and anxious about being in a crowd or being in enclosed places where the escape is difficult for 6 months, diagnosed as:**
  - a) Specific phobia
  - b) Social phobia
  - c) Claustrophobia
  - d) Agoraphobia
  
- 2. In major depressive disorder, the client complains of:**
  - a) depressed mood
  - b) loss of interest or pleasure
  - c) 2-week period of symptoms
  - d) All of the above
  
- 3. Which of the following statement is not true about Selective Mutism.**
  - a) Consistent failure to speak in social situation
  - b) Duration half month at least
  - c) Not attributable to lack of knowledge
  - d) Not limited to 1<sup>st</sup> month of school
  
- 4. Abnormally and persistently elevated, expansive or irritable mood for 5 consecutive days for most, nearly every day and including grandiosity, distractibility, and very talkative, is.**
  - a) Hypomanic episode
  - b) Depressive episode
  - c) Manic episode
  - d) None of the above
  
- 5. Therapist progressively exposes the client to threatening object in a safe setting until anxiety decreases, this indicate.**
  - a) Flooding
  - b) Rapid desensitization
  - c) ECT
  - d) Systematic desensitization
  
- 6. Client complain of at least 2 year of both depressive and hypomanic periods that don't meet the criteria for hypomanic or a major depressive episode, diagnosed as.**
  - a) Dysthymia
  - b) Bipolar I disorder
  - c) Cyclothymic disorder
  - d) Bipolar II disorder

7. A client experiencing a panic attack would display which Physical symptom?  
 a) Fear of dying  
 b) Sweating and palpitations  
 c) Depersonalization  
 d) Restlessness and pacing
8. All of the following symptom assessments would validate the diagnosis of generalized anxiety disorder EXCEPT:  
 a) Excessive worry about items difficult to control.  
 b) Muscle tension.  
 c) Hypersomnia.  
 d) Feeling “keyed up” or “on edge.”
9. Which client is at highest risk for the diagnosis of major depressive disorder?  
 a) A 24-year-old married woman  
 b) A 30-year-old single man  
 c) A 64-year-old single woman  
 d) A 70-year-old married man
10. Which symptom is an example of an affective alteration exhibited by clients diagnosed with severe depression?  
 a) Apathy  
 b) Difficulty falling asleep  
 c) Somatic delusion  
 d) Social isolation

**Question No. 2: Write No. of the term for appropriate statement(5 Marks)**

1. Specific Phobia  
 2. Trichotillomania  
 3. Obsession  
 4. Dysthymia  
 5. Panic attack  
 6. Compulsion

-----	- Abrupt surges of intense fear or discomfort that reach a peak within minute, accompanied by physical and/ or cognitive symptoms
-----	- Marked, irrational and immediate fear or anxiety about specific object or situation which may not be actually dangerous
-----	- Recurrent pulling out of one's hair result in hair loss, and repeated attempts to decrease or stop hair pulling
-----	- Repetitive behaviors or mental acts that person feels driven to perform
-----	- Chronic form of depression, called persistent depressive disorder

**Question No. 3: choose True (✓) or False (X). (5 Marks)**

1. Specific phobia defined as marked, irrational and immediate fear or anxiety about a specific object or situation which may be not actually dangerous	(.....)
2. Agoraphobia is marked persistent fear or anxiety about one or more social situations.	(.....)
3. Individuals with agoraphobia fears of situations because their thoughts that escape might be difficult or help might not be available	(.....)
4. Depressive may be related to increase of the neurotransmitters serotonin, and dopamine, at functionally important receptor sites in the brain.	(.....)
5. Dysthymia characterized by discrete episodes of at least 2 weeks' duration, involving clear-cut changes in affect, cognition.	(.....)

**Question No. 4: Answer the following questions (10 Marks)**

1. Mention the difference between manic and hypomanic episode in details, put in consideration (Period, diagnostic criteria including symptoms for both)?
2. Mention 10 physical signs and symptoms of panic attack?.

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**Good luck**

**The end of the questions**