

Course No: DNUR 2311
Course Title: Maternity Nursing
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Using Calculator (No)

University of
Palestine



Midterm Exam
2013/2014
Total Grade:----/20

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Using Dictionary (No)

***Part I MCO: (Choose the most correct answer)** (one mark for each)

1- A client is pregnant for the third time she has a 3 years old girl, she also has had a spontaneous abortion at 16 weeks gestation. which of the following is correct method of recording her obstetric status?

- a. gravida 2, para 1.
- b. Gravida 2, para 2.
- c. Gravida 3, para 1.
- d. Gravida 3, para 2.

2- When fundal level at xiphoid process the G.A. will be?

- a. 22 weeks gestation.
- b. 36 weeks gestation.
- c. 12 weeks gestation.
- d. Lightening occur.

3- Linea nigra is:

- a. Pigmented skin around the breast.
- b. Pigmented line from umbilicus to symphysis pubis.
- c. Pigmented face.
- d. Excessive salivation.

4- Which term is referring to the relationship of the fetal head and limbs to its trunk?

- a. Lie
- b. Attitude
- c. Presentation
- d. Position

5- All of the following is considered signs of placental separation except:

- a. Lengthening of the cord
- b. Relaxation of the uterus
- c. Gush of blood
- d. Round, firm uterus

6- During what phase of the menstrual cycle is an egg (ovum) released?

- a. Ovulation
- b. Gestation
- c. Luteal
- d. Incubation

7- From what structure/organ does an embryo get its nutrients and oxygen?

- a. Lungs
- b. Placenta
- c. Uterus
- d. Amnion

8- The main parameter to evaluate normal progress of labor is:

- a. Rate of cervical dilation.
- b. Fetal distress.
- c. Number of hours since the rupture of membranes.
- d. Maternal condition.

9- A new client has had a pregnancy test to determine if she is pregnant. The hormone responsible for a positive pregnancy test is:

- a. Human chorionic gonadotropin.
- b. Follicle-stimulating hormone.
- c. Estrogen.
- d. Progesterone.

10- The presenting part is usually engaged when it reaches the level of:

- a. Ischial tuberosities.
- b. Pelvic brim.
- c. Ischial spines.
- d. Perineum.

11- Nursing care during Labor includes:

- a. Recording fluid and food intake.
- b. Observing character of patient's contractions and checking vital signs.
- c. Observing fetal heart rate.
- d. All the above.

12- A client is 22 weeks pregnant with her first baby. Her weight gain is normal, but she complains of constipation, what is the most effective recommendation the nurse can make?

- a. Take a laxative daily.
- b. Increase intake of fluids and high fibers food.
- c. Relax when trying to move the bowels.
- d. Start a strong exercise program.

13- In case of a mother having supine hypotension during pregnancy the best position for this condition is:

- a. Supine position
- b. Left or right side position
- c. Prone position
- d. Shock position

14- The Mechanisms of labor are:

- a. External rotation, expulsion, engagement and flexion.
- b. Engagement, descent, flexion, internal rotation, extension and external rotation and expulsion.
- c. Engagement, descent, flexion, internal rotation, external rotation, extension and expulsion.
- d. Engagement, flexion, descent, internal rotation, extension, external rotation and expulsion.

15- Lie refers to:

- a. How deep the baby's head has dropped into the pelvis.
- b. The relation of the long axis of the baby to that of the mother.
- c. The baby's head being on the right or left side of the mother.
- d. How long it takes for the baby to move down the birth canal.

16- Chadwick's sign is described as:

- a. A purplish discoloration of vagina
- b. Decreased oxygen tension of maternal blood
- c. Rapid growth of microorganisms in the vaginal secretions
- d. Softening of the cervix

17- Station +2 means:

- a. Presenting part is 2cm above the level of ischial spine.
- b. Biparietal is at the level of ischial spine.
- c. Presenting part is 2cm below the level of ischial spine.
- d. Biparietal diameter is 2cm above the ischial spine.

18- Effacement is the process by which the cervix is:

Open to its widest diameter

Incorporate into the lower uterine segment

Expulsion of the mucus plug occluding it

Forced to produce into the upper vagina.

19- The following are true about the umbilical cord EXCEPT:

- a. It extends from the fetus to the placenta.
- b. It has two arteries and one vein.
- c. It has two veins and one artery.
- d. It is protected by Wharton's Jelly.

20- A pregnant client's last menstrual period began on October 12, the nurse calculates the estimated date of delivery (EDD) as:

- a. June 5
- b. July 5
- c. June 19
- d. July 19

21- The second stage of labor ends with which of the following?

- a. The birth of the baby
- b. When the client is fully dilated
- c. After the birth of the placenta
- d. When the client is transferred to her postpartum bed

22- The cervix is considered to be completely dilated when the diameter of the os is:

- a. 08 cms
- b. 10 cms
- c. 12 cms
- d. 14 cms

***Part II: Put True or False**

(one mark for each)

1. A mucus plug is formed in the pregnant patient's cervical canal.
2. Clothing should be heavyweight, constrictive, and nonabsorbent.
3. Encourage the patient to eat high fiber foods and to drink plenty of fluid in order to prevent or to relieve constipation.
4. The breast should be washed daily with soap to remove dried colostrum.
5. Seat belts should never be worn during pregnancy.
6. Alcohol consumption can lead to the possibility of fetal alcohol syndrome.
7. Pica is having a strong desire for a certain type of food, usually carbohydrates.
8. Realignment of the spinal curvatures during pregnancy is to maintain balance.
9. The respiratory rate rises to compensate for increased maternal oxygen consumption.
10. The blood pressure of all pregnant patients will rise greatly.

*** Part III: Answer the following questions:**

(five marks for each)

1- Nursing care for a woman in the second stage of labour?

2- Differentiate between true and false labour pain?

3- What is your nursing care to maintain adequate nutrition during pregnancy?

4- Mention the Positive S & S of pregnancy?

*End of Questions
Good Luck*