

Course No: DNSG1209
Course Title: FIRST AID
Date: 12 / 1/2019
No. of Questions: (3)
Time: 2 hour
Using Calculator (No)

University of Palestine



Final Exam
2018/2019
Total Grade:80

Instructor Name:
Student No.: _____
Student Name: _____
College Name: Intermediate Diploma
Dep. / Specialist: Nursing
Using Dictionary (No)

Question no.1: Multiple Choice Questions (20marks)

Choose the most correct answer from the following

1- When checking the pulse first aider should make a note of the following:

- a) Rate
- b) Rhythm
- c) Strength.
- d) All of the above.

2- Shock that caused by loss of body fluids and low volume of blood.

- a) Hypovolemic Shock
- b) Cardiogenic Shock
- c) Anaphylactic Shock
- d) All of the above.

3- The most common type of shock

- a) Hypovolemic Shock
- b) Cardiogenic Shock
- c) Anaphylactic Shock
- d) All of the above.

4- Typical causes of fainting are::

- a) Lack of food
- b) Emotional stress
- c) Pain or fright
- d) all of the above

5- Shock caused by overwhelming emotional factors:

- a) Hypovolemic Shock
- b) Neurogenic Shock
- c) Metabolic Shock
- d) Psychogenic Shock

6- Usually caused by a sharp object such as a knife.

- a) Incision
- b) Abrasion
- c) Contusion
- d) all of the above

7- All of these are the signs and symptoms of Anaphylaxis except

- a) Sudden swelling of the face, tongue, lips, neck and eyes.
- b) Hoarse voice, 'lump in the throat', developing into loud pitched noisy breathing
- c) Anxiety - a feeling of 'impending doom'
- d) None of the above

8- Cool the area with an ice pack or running water as soon as possible in which type of the following wound?

- a) Contusion
- b) Abrasion
- c) Amputation
- d) Laceration

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9- Which of the following is true about Crush injury?

- a) The blood flow to a limb (e.g. an arm or a leg) is impaired by the weight
- b) There is a danger of toxins building up in the muscle tissues
- c) They may cause kidney failure and death
- d) All of the above

10- Which of the following are the signs of Arterial bleeding?

- a) Ooze, dark red blood
- b) Trickle of blood
- c) Spurting, bright red blood
- d) All of the above

11- Corrosive poisoning such as

- a) acids and bleach,
- b) petrol and turpentine
- c) ammonia and dishwasher powder
- d) All of the above

12- Which of the following is Not True if 40% and more blood was lost ?

- a) Become Unresponsive.
- b) Sever Cyanosis, Cold , Clammy
- c) Pulse detectable
- d) Deep sighing breaths (Air hunger)

13- The two main indirect pressure points

- a) Brachial & Femoral
- b) Aortic & Brachial
- c) Aortic & Femoral
- d) Brachial & Subclavian

14- Any patient with blood loss over should be treated for shock

- a) 40%
- b) 20%
- c) 15 %
- d) 10%

15-Which of the following is true if the dressing becomes saturated with blood?

- a) A firm bandage applied tight as to stop circulation
- b) take the dressings off
- c) keep it in place and put another larger dressing on top
- d) None of the above is correct

16- It helps the Paramedics in case of poisoning if you do which of the following?

- a) Pass on containers, or other information about the substance.
- b) Find out how much has been taken.
- c) Find out when it was taken.
- d) All the above

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17- Deep internal burns which are not visible is noted in which of the following

- a) Electric burns
- b) Chemical burns
- c) Dry heat burns
- d) Wet heat burns

18- Which of the following is true about the burn location?

- a) The location of the burn can affect the severity
- b) Burns to the airway of a patient by inhaling hot gasses can be an instant killer
- c) Burns to the eye may result in blindness
- d) All the above

19- The extent of the internal burns can be estimated by

- a) Severity of the entry wounds
- b) Severity of the exit wounds
- c) Severity of the entry and exit wounds
- d) Severity of the pain

20- Most commonly seen as sunburn

- a) Electric burns
- b) Chemical burns
- c) Radiation burns
- d) Wet heat burns

Answer key for the question No. one Choose the most correct answer																			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20

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Question 2: true and false (20 Marks)

- 1- () Babies and young children will burn at higher temperatures than adults.
- 2- () Scalds are most commonly from hot water
- 3- () The signs and symptoms of poisoning are wide, varied and dependent on the substance.
- 4- () The treatment for the burn can differ slightly depending on the cause
- 5- () Elderly patient's burns take shorter time to heal
- 6- () In electrical burn Airway and Breathing is not in our priority
- 7- () Put the skin back in place if possible in case of De-gloved wound.
- 8- () Different chemicals can have the same first aid treatments.
- 9- () Contusion is a rip or tear of the skin
- 10- () The best way to stem bleeding is by applying direct pressure over the wound.
- 11- () A firm bandage must be tight as to stop circulation to the limb altogether
- 12- () An object embedded in a wound should be removed before covering it
- 13- () Overheat the patient will help to increase blood supply to the vital organs
- 14- () Asking the patient to take tiny sips of water helps in suffocated patient
- 15- () Advice the patient to breathing through or blow the nose will stop nasal bleeding
- 16- () Lay a heavily pregnant patient down leaning towards her right hand side
- 17- () Anaphylactic shock is the most common type of shock
- 18- () The death of the heart muscle from heart attack is permanent and not relieved by rest.
- 19- () Angina at rest called stable angina
- 20- () Duration of pain from heart attack usually lasts longer than 30 minutes.

Answer key for the question No.2 : true and false

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20

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3-Match the terms in column (A) with their descriptions in column (B). (10Marks)

Answer	Column A		Column B
	1. Capillary refill	A	Complete or partial severing of a limb
	2. Shock	B	Most commonly occur as a result of building site or traffic accidents.
	3. Cardiogenic shock	C	Swallowed, either accidentally or on purpose
	4. Anaphylaxis	D	Any direct contact with a dry heat source, or friction
	5. Fainting	E	Caused by chemicals which either corrode the skin or create heat (or both).
	6. Amputation	F	Circulation to the end of an arm or leg can be checked by squeezing the tip of a finger or toe
	7. Ingested	G	Fall in the blood pressure, caused by the heart not pumping effectively
	8. Chemical burns	H	Caused by poor nervous control of the blood vessels and heart
	9. Dry heat burns	I	An extremely dangerous allergic reaction
	10. Crush injury	J	'inadequate tissue perfusion

Question no 4: answer the following questions (30 marks)

1- List the treatments Dry heat burns? (10 marks)

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)

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2- List the signs and symptoms that can accompany poisoning? (10 Marks)

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)

3- List Treatment for crushing wound less than 15 minutes? (10 Marks)

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)

Good Luck