

Course No: NUTR 2207
Course Title: Maternal & Pediatrics Nutrition
Date: 27/11/2017
No. of Questions: (6)
Time: 1hours
Using Calculator (No)

University of Palestine



Second Midterm Exam
2017/2018
Total Grade:15

Instructor Name: Dr Mohammed Srouf
Student No.: _____
Student Name: _____
College Name: Pharmacy
Dep. / Specialist: Health & Nutrition
Using Dictionary (No)

Question One

Please put (T) for true answers and Put (F) for false answers

1- Exclusive breastfeeding

2- Colostrum

3- Lactation

4- Hind milk

5- Necrotising enterocolitis

6- Food borne illness

7- Gestational Diabetes

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8- Failure-to-thrive

9- Spina bifida

10- Pregnancy

Question Two:

Q 2 put (T) for true answers and (F) for false answers

- 1) The energy needed to support breastfeeding comes from both increased intake and from stored fat ().
- 2) In terms of protein, breast milk contains more casein than whey ().
- 3) Mothers with diabetes mellitus should be advised to eat extra carbohydrate when breastfeeding ().
- 4) During the first trimester, a pregnant woman has the same energy requirements as normal ().
- 5) Consuming large quantities of caffeine affects the pregnant mother as well, leading to irritability, anxiety, and insomnia ().

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Question Three:

Explain how hormones can regulate lactation?

Question Four:

Explain the following? :

- **Why lactating women may lose weight.**

- **There is no need to increase calcium and phosphorus intake during pregnancy and lactation.**

- **The role of lactoferrin in human milk.**

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Question Five:

A) There are three major Indirect Methods of Nutritional Assessment, mention them?

B) Nutritional status is influenced by three broad factors, write them?

Question six:

Breast-feeding is contraindicated for women in certain cases mention them:

End of questions
Good Luck