

Course No: NUTR 2207
Course Title: Maternal & Pediatrics Nutrition
Date: 23/10/2017
No. of Questions: (5)
Time: 1hours
Using Calculator (No)

University of Palestine



First Midterm Exam
2017/2018
Total Grade:15

Instructor Name: Dr Mohammed Srour
Student No.: _____
Student Name: _____
College Name: Pharmacy
Dep. / Specialist: Health & Nutrition
Using Dictionary (No)

Question One

Please put (T) for true answers and Put (F) for false answers

- 1) Timing is important – interventions should focus on the critical 1,000-day window including pregnancy ().
- 2) The nutritional status of an individual is often the result of many inter-related factors ().
- 3) The indirect methods deal with the individual and measure objective criteria, while direct methods use community health indices that reflects nutritional influences ()
- 4) Vital health statistics particularly infant & under 5 mortality & fertility index considered as direct method of nutritional assessment ()

Question Two:

Please choose the best answers.

- 1) Reductions in stunting and other forms of undernutrition can be achieved through proven interventions. These include improving women's nutrition, except:
 - A. Especially before, during and after pregnancy;
 - B. Early and exclusive breastfeeding;
 - C. Timely, safe, appropriate and high-quality complementary food;
 - D. Saving money for babies

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2) Optimal nutritional status results when children have:

- A. access to affordable, diverse, nutrient-rich food;**
- B. appropriate maternal and child-care practices;**
- C. adequate health services;**
- D. A+B+C**

3) Indirect Methods of Nutritional Assessment, these include three categories except :

- A. Ecological variables including crop production**
- B. Economic factors e.g. per capita income, population density & social habits**
- C. Estimation of biomedical parameters**
- D. Vital health statistics particularly infant & under 5 mortality & fertility index**

4) Advantages of anthropometric measurement is:

- A. Measures many variables of nutritional significance (Ht, Wt, MAUC, HC, skin fold thickness, waist & hip ratio & BMI).**
- B. Readings are numerical & gradable on standard growth charts**
- C. Non-expensive & need minimal training**
- D. All the above is true**

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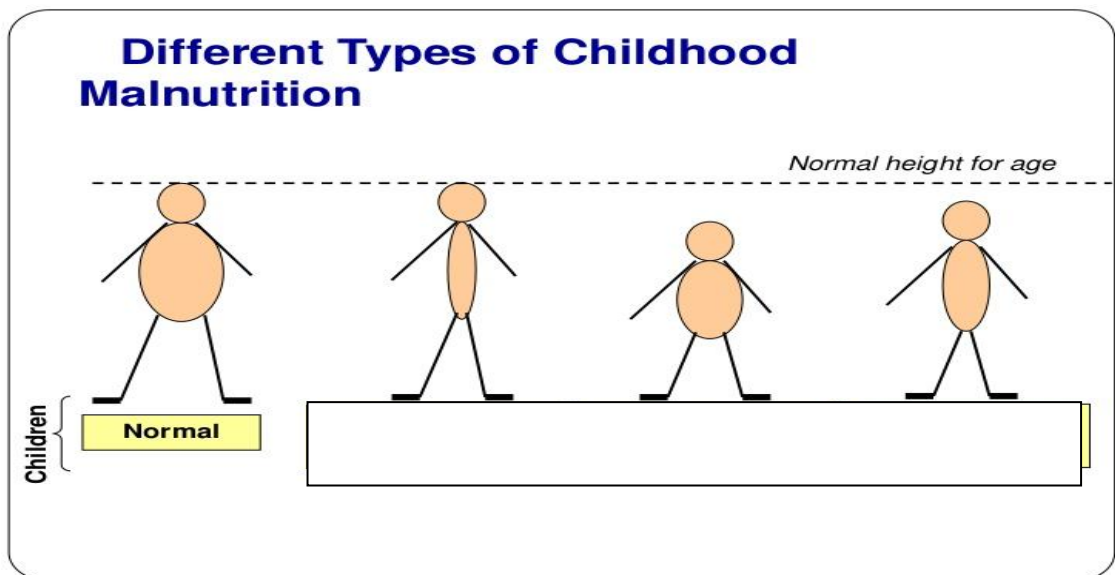
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Question Three:

(A) You are working as a manager in WHO and you need to conduct a nutrition assessment standard, according to your understanding what are the guideline notes you should follow (briefly)?

(B) Those kids suffering from.....



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Question Four:

Please define the following terms:

1- Pediatric nutrition

2- Stunting

3- Wasting

4- Severe acute malnutrition

5- Low birth weight

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Question Five:

In your clinic a patient with the following clinical signs, complete the clinical signs of nutritional deficiency....

Place	Clinical signs	Nutritional deficiency
Hair	Corkscrew & Coiled hair	
Mouth	Angular stomatitis & fissured tongue	
Skin	Pallor	
Nails	Spooning	
Eye	Night blindness	

End of Questions
Good Luck