

**Course No:** NUTR 2207  
**Course Title:** Maternal & Pediatrics Nutrition  
**Date:** 30/11/2016  
**No. of Questions:** (6 )  
**Time:** 1hours  
**Using Calculator (No)**

**University of Palestine**



**Second Midterm Exam**  
**2016/2017**  
**Total Grade:**

**Instructor Name:** Dr Mohammed Srouf  
**Student No.:** \_\_\_\_\_  
**Student Name:** \_\_\_\_\_  
**College Name:** Pharmacy  
**Dep. / Specialist:** Health & Nutrition  
**Using Dictionary (No)**

## **Question One**

**Please put (T) for true answers and Put (F) for false answers**

**1- Exclusive breastfeeding**

**2- Colostrum**

**3- Lactation**

**4- Rooming in**

**5- Necrotising enterocolitis**

**6- Food borne illness**

**7- Gestational Diabetes**

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**8- Failure-to-thrive**

**9- Spina bifida**

**10- Pregnancy**

### Question Two:

Q 2 put (T) for true answers and (F) for false answers

- 1) The energy needed to support breastfeeding comes from both increased intake and from stored fat ( ).
- 2) In terms of protein, breast milk contains more casein than whey ( ).
- 3) Mothers with diabetes mellitus should be advised to eat extra carbohydrate when breastfeeding ( ).
- 4) During the first trimester, a pregnant woman has the same energy requirements as normal ( )
- 5) Consuming large quantities of caffeine affects the pregnant mother as well, leading to irritability, anxiety, and insomnia.( )

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### **Question Three:**

**Explain how hormones can regulate lactation?**

### **Question Four:**

**Explain the following?**

- **Why lactating women may lose weight.**
  
  
  
  
  
  
  
  
  
  
- **There is no need to increase calcium and phosphorus intake during pregnancy and lactation.**

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- **The role of lactoferrin in human milk.**

### **Question Five:**

**There are five major causes of faltering growth, mention them?**

### **Question six:**

**Breast-feeding is contraindicated for women in certain cases mention them:**

End of questions  
*Good Luck*