

Course No: DMED1209
Course Title: مهارات الإسعاف والطوارئ
Date: 12 /1/2017
No. of Questions: (3)
Time: One hour
Using Calculator (No)

University of Palestine



Final First Aid Exam
1st. Semester 2016/2017
Total Grade:50 Marks

Instructor Name: _____
Student No.: _____
Student Name: _____
College Name: تخصص التمريض
Dep. / Specialist: _____
Using Dictionary (No)

QI. Read the following questions and choose the most correct answer (20 Marks):

- 1- When performing resuscitation on an adult casualty whose, what is the ratio of compressions of the chest and inflations of the lung?
 - a) 2 compressions to 15 inflations
 - b) 1 compression to 5 inflations
 - c) 30 compressions to 2 inflations
 - d) 5 compressions to 1 inflation
- 2- Which is not a symptom of heart attack?
 - a) Chest pain.
 - b) Pale or bluish in color.
 - c) Red, hot or dry skin.
 - d) Profuse sweating.
- 3- Painless degree of burn is :
 - a) second degree
 - b) first degree
 - c) third degree
 - d) none of the above
- 4- All of the following are open wounds except :
 - a) Abrasion
 - b) hematoma
 - c) gunshot
 - d) laceration
- 5- The color of blood in venous bleeding is :
 - a) dark red
 - b) orange
 - c) pink red
 - d) no color
- 6- The most dangerous form of bleeding is:
 - a) Capillary
 - b) Venous
 - c) Arterial
 - d) None of the above
- 7- All of the following are types of shock except:
 - a) Neurogenic
 - b) Allergic” anaphylaxis”
 - c) Cerebral
 - d) Cardiogenic
- 8- Normal respiratory rate in adults
 - a) 60-70/m
 - b) 80-120/m
 - c) 16-20/m
 - d) 5-10/m
- 9- normal heart rate to the children
 - a) 60-90
 - b) 90-100
 - c) 110-140
 - d) 140-160
- 10- When angina occurs to the patient at rest called
 - a) unstable angina
 - b) normal angina
 - c) stable angina
 - d) None of the above
- 11- Poisons can enter the body in
 - a) Ingested
 - b) Injected
 - c) Inhaled
 - d) All of the above

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The accepted treatment for a nose bleeding is

- a. Use direct pressure, elevation and pressure points to control the bleeding.
- b. tilt the head back and tightly squeeze the nostrils.
- c. Have the victim lean forward. Apply gentle pressure on the nostril for 10 minutes.
- d. Lay the victim on his back and treat for shock. Apply heat if available.

d. Some people are very allergic to some drugs like penicillin. This condition is called:

- a) Septic shock.
- b) Toxic shock syndrome.
- c) Cardiac arrest.
- d) Anaphylactic shock.
- e)

e. The more common causes of 'life threatening' shock are except :

- a) Hypovolemic Shock
- b) Anaphylactic Shock
- c) Cardiogenic Shock
- d) Metabolic Shock
- e)

f. Typical causes of hypovolemic shock are:

- a) Burns
- b) Vomiting and diarrhea (loss of body fluids)
- c) Internal & External bleeding
- d) All of the above
- e)

16. Dressing and bandages are used to cover the wound to:

- a) Reduce the victim's pain.
- c. Help control bleeding and prevent infection.
- b) Reduce internal bleeding.
- d. Make it easier to take the victim to the hospital

17. Can you reduce the risk of disease transmission when caring for open, bleeding wounds?

- a. Avoid direct contact with victim blood.
- c. Use protective barriers such as gloves or plastic wrap.
- B. wash your hands immediately after giving care.
- d. All of the above.

18-When causality have skull traumas (X- rays) done to:

- a.To prevent complication
- c. to determine any fractures
- b. to stop bleeding.
- d.to assess consciousness level

19. In dealing with sucking chest wound we of all of the following except

- a. call ambulance dial 101
- c. Immediately cover a sucking chest wound with your hand
- b. Place the casualty in comfortable position
- D. all of the above.

20.the degree of burn where there is damage of skin and underlying tissues

- a) first degree
- b) simple burn
- c) second degree
- d) third degree

Answer key for the question No. one Choose the most correct answer																			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20

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Q 2- Put (T) in front of the correct statement and (F) in front of the incorrect one. (15 Marks):

1	The color of blood in arterial bleeding is pink red.	()
2	Contusion is one form of close wounds.	()
3	Loss of body's fluids lead to neurogenic shock.	()
4	The most painful degree of burn is the third degree.	()
5	The arterial bleeding is more severe than capillary bleeding.	()
6	In the burn there is loss of plasma and body fluids	()
7	Internal bleeding is easy to recognize	()
8	the death of the heart muscle from heart attack is permanent and irreversible	()
9	wound dressing should be absorbent and not stick to the clotting blood	()
10	The walls of the arteries are elastic and expand as the blood flows rhythmically through.	()
11	When checking a pulse use the thumb finger	()
12	when it is squeezed - if the circulation is effective, the color should return within 2 seconds of releasing it	()
13	Septic is the shock most common type of shock.	()
14	If a splinter embedded deeply in the wound or in a joint leave it in place	()
15	Croup is a condition usually suffered by very young children	()

Answer key for (T and (F) question No. 2

Question	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Answer															

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هذا الجزء للطلبة الذين لم يتقدموا للامتحان النصفى ولهم أعذار مقبولة

Question1: choose the best answer (5 Marks)

- All of the following are Signs and Symptoms of head Injuries except**
 - Confusion
 - Normal consciousness level
 - Unusual behavior
 - Unequal pupils opening
- First Aid Priorities**
 - Assess a situation quickly and calmly.
 - Protect yourself and any casualties from danger.
 - Never put yourself at risk.
 - All answers are correct
- All of the following are body response to hypoxia except**
 - Divert blood away from the skin, intestines and stomach
 - Divert blood towards the heart, lungs and brain.
 - Dilate the air passages in the lungs (bronchioles).
 - Increase the heart rate
- Ischemia means**
 - Complete cut of blood supply
 - Hemorrhage
 - lack of blood flow
 - bleeding
- Tetraplegia can be caused when fracture occurs in**
 - Cervical vertebra
 - Lumber vertebra
 - Thoracic vertebra
 - Pelvic bone

Question2: Put (T) in front of the correct statement and (F) in front of the incorrect one. (5 Marks)

- Brain cells will start to die within few seconds (.....)
- Some of skull fractures required specific treatment, like neurosurgery (.....)
- Cerebral edema is an excess accumulation of gases in the intracellular and/or extracellular spaces of the brain (.....).
- The unconscious patient when laying on his back the tongue may fall back and blocking the airway (.....)
- In case of brain injury paralysis occurs of the limbs on the same side of brain injury (.....)

Q: 3: What are the possible signs and symptoms of head injury? (5 Marks)

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End of the questions

Good luck