


Course No: DNUR 2311
Course Title: Maternity Nursing
Date: 31/10/2012
No. of Questions: (6)
Time: One hour
Using Calculator (No)

University of Palestine

Midterm Exam
2012/2013
Total Grade:20 Mark

Instructor Name: _ _____
Student No.: _____
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Using Dictionary (No)

Question One: MCQ

1-The name of female pelvis is:

1. Android
2. Anthropoid
3. Gynaecoid
4. Platypelloid

2-It is thin tissue that protect the vagina and urethral opening not cover with hair:

1. Labia majora
2. Clitoris
3. Labia minora
4. Mons veneris

3-All the below are from female external genitalia except:

1. Labia majora
2. Clitoris
3. Labia minora
4. vagina

4-The organ which release an ovum is:

1. Uterus
2. Fallopian tube
3. Vagina
4. Ovary


5-The maturation of follicle are occur under the influence of hormone:

1. LH
2. FSH
3. Estrogen
4. Progesterone

6-The hormone released from hypothalamus is:

1. LH
2. FSH
3. GnRH
4. Estrogen

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7-The hormones released from anterior pituitary are:

1. GnRH
2. LH
3. FSH
4. b & c

8-During ovarian cycle the hormone LH rise and:

1. Estrogen low
2. FSH low
3. Progesterone low
4. None of the above

9-Progesterone and estrogen are both released from:

1. Anterior pituitary gland
2. Hypothalamus
3. Corpus luteum
4. Thyroid

10-All of the following are functions of amniotic fluid except:

1. It allows for growth and free movement of the fetus.
2. It equalizes pressure and protects the fetus from injury
3. It maintains a constant temperature for fetus.
4. Secretion of hormones.


11-The umbilical cord consist of:

1. One artery & one vein
2. Two veins & one artery
3. One vein & two arteries
4. Two arteries & two veins

12-The foramen oval is the opening between the:

1. Right atrium and left atrium
2. Inferior vena cava and umbilical cord
3. Aorta and pulmonary arteries
4. Hypo gastric arteries and umbilical arteries

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13- all of the following are related to the fetal anterior fontanel except:

1. It's floor is bony
2. It is diamond in shape
3. Surrounded by 4 bone
4. It closed at 18 month

14- the mucus plug which increased secretion from cervix at pregnancy is called

1. Hegers signs
2. Bloody show
3. Operculum
4. Chadwick's sign

15- The corpus luteum still working during pregnancy until:

1. 40 - 42 wks
2. 30 – 39 wks
3. 10 -12 wks
4. 2 – 4 wks

16- the dark line that appear on abdomen during pregnancy is:

1. Striae gravidarum
2. colostrum
3. Linea nigra
4. chloasma


17- normal weight gain in pregnancy is:

1. 20 – 25 kg
2. 12 - 15 kg
3. 30 – 35 kg
4. 8 – 10 kg

18- from presumptive signs of pregnancy are:

1. Hegar's sign and Ballotement
2. Amenorrhea, Fatigue, and Morning sickness
3. Ultrasound and Fetal heart tone
4. None of the above

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19- if the last menstrual day for a pregnant woman is 20-3-2012 the EDD will be:

1. 27/11/ 2012
2. 20/10/2012
3. 27/12/2012
4. 25/1/ 2013

20- Which of the following are minor disorders of pregnancy?

1. Nausea and vomiting
2. Backache and ligament pain
3. Constipation and ptyalism
4. All of the above

21- all of the following are one of the prodromal signs of pregnancy except:

1. Shelfing
2. lightening
3. increased vaginal discharge
4. true labor pain

22- The stage of dilatation and effacement of cervix is called:

1. First stage
2. second stage
3. third stage
4. fourth stage


23- effacement is measured by:

1. Centimeter
2. Meter
3. Percentage
4. kilogram

24- The mechanism of labor is:

1. Engagement, decent, external rotation, internal rotation, extension, flexion
2. Decent, engagement, flexion, internal rotation, extension, external rotation
3. Flexion, decent, engagement, internal rotation, extension, external rotation
4. Decent, engagement, flexion, extension, internal rotation, external rotation

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25- normal blood loss during labor is:

1. 150 ml
2. 250 ml
3. 350 ml
4. 450 ml

26- For a woman giving birth for the first time, the first stage of labor lasts, on the average

1. 10 hours
2. 8 hours
3. 18 hours
4. 4 hours

27- Which of the following urinary symptoms does the pregnant woman most frequently experience during the first trimester?

1. Dysuria
2. Frequency
3. Incontinence
4. Burning

28- A pregnant client states that she “waddles” when she walks. The nurse’s explanation is based on which of the following as the cause?

1. The large size of the newborn
2. Pressure on the pelvic muscles
3. Relaxation of the pelvic joints
4. Excessive weight gain


29- Which of the following fundal heights indicates less than 12 weeks’ gestation when the date of the LMP is unknown?

1. Uterus in the pelvis
2. Uterus at the xiphoid
3. Uterus in the abdomen
4. Uterus at the umbilicus

30- During which of the following stages of labor would the nurse assess “crowning”?

1. First stage
2. Second stage
3. Third stage
4. Fourth stage

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31 - When assessing the newborn's heart rate, which of the following ranges would be considered normal:

1. 80 beats per minute
2. 100 beats per minute
3. 120 beats per minute
4. 200 beats per minute

32. Which of the following is true regarding the fontanels of the newborn?

1. The anterior is triangular shaped; the posterior is diamond shaped.
2. The posterior closes at 18 months; the anterior closes at 8 to 12 weeks.
3. The anterior is large in size when compared to the posterior fontanel.
4. The anterior is bulging; the posterior appears sunken

33- the term "episiotomy" refers to:

1. A pregnancy outside the uterus
2. An incision made in order to avoid a tear in the vaginal opening
3. The incision made as part of a caesarean section
4. One type of abortion


34- doctors today distinguish between the following kinds of signs indicating pregnancy:

1. Presumptive signs, probable signs, positive signs.
2. probable signs, reliable signs, certain signs
3. suspicious signs, presumptive signs, reliable signs
4. positive signs, reliable signs, abnormal signs

35- the watery fluid produced by the mother's breast immediately after birth is called:

1. Coliseum
2. Collateral
3. Colostrums
4. colouasma

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Question Two: match the following

| | |
|-------------------|---|
| 1. menopause | () A women who has not completed pregnancy |
| 2. menarche | () It is an expelled cervical mucus plug tinged with blood |
| 3. Amniotic fluid | () Is one of the later stages of puberty in girls, where the menstrual start. |
| 4. viability | () It is the relief of upper abdominal pressure symptoms as dyspnoea, dyspesia and palpitation |
| 5. placenta | () Recovery for the mother from labour |
| 6. nullipara | () Is the cessation of menstrual cycles at the end of a woman's reproductive period |
| 7. Lightening | () The organ that responsible for feeding and transport o2 to fetus |
| 8. fourth stage | () The gradual thinning, shortening, drawing up of the cervix measured by percentage. |
| 9. The show | () It is a clear, pale-straw colored fluid consisting of 99% water. 1% dissolved solid matter including food substance and waste products. |
| 10.Effacement | () capacity to live outside the uterus; about 20 gestational weeks or more than 500 gm |

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Question Three: discuss the following

Discuss three of these questions:

- 1- Describe the physiology and management of first stage of labor**
- 2- Mention the functions of placenta?**
- 3- Mention six minor disorders that occur in pregnancy and describe 2 of them**
- 4- Differentiate between true and false labor pain**
- 5- Write the signs of true labor**

End of Questions
Good Luck