



اسم المحاضر: د \_\_\_\_\_

رقم الطالب: \_\_\_\_\_

اسم الطالب: \_\_\_\_\_

الكلية: المهن الصحية

التخصص: تمريض عام

الدرجة النهائية: 20 /

## Fundamental Nursing (I) Theory

<u>I- MCQ</u>	<u>II- True&amp;False</u>
01. a b c d	1. T F
02. a b c d	2. T F
03. a b c d	3. T F
04. a b c d	4. T F
05. a b c d	5. T F
06. a b c d	6. T F
07. a b c d	7. T F
08. a b c d	8. T F
09. a b c d	9. T F
10. a b c d	10. T F



**1- Circle the most correct answer :**

**( 5 marks )**

**1 - All of the following are characteristic of the nursing process Except.**

- a- within the legal scope.
- b- based on knowledge.
- c- planned organized and systemic.
- d- static and limited clinical practice.

**2 - which of the following is considered as subjective data.**

- a- anxiety.
- b- skin color.
- c- height.
- d- temperature.

**3- which of the following is considered as objective data.**

- a- pain.
- b- Nausea.
- c- depression.
- d- temperature.

**4- when the nurse is using assessment skills, the primary source of data is:**

- a- medical report.
- b- patients family.
- c- tests.
- d- the client .

**5- Which of the following is considered as a unique nursing skills for giving advice :**

- a- Assessment skills.
- b- Caring skills.
- c- Counseling skills.
- d- Treating skills.

**6 -The environment theory of nursing belonging to the following theorist?**

- a- Henderson.
- b- Orem's.
- c- Nightingale.
- d- Roy.

**7- The initial information About the client is called?**

- a- source of data.
- b- Data based assessment.
- c- Focus assessment data.
- d- Organizing data.

**8 - The condition in which the body temperature is above the average normal is called:**

- a- Bradypnea.
- b- Fever.
- c- Hypertension.
- d- Hypothermia.

**9 - Mr. Ashraf aged 35 years old, his pulse rate is found to be 120bpm.his heart rate could be described as:**

- a- Tachypnea.
- b- Tachycardia.
- c- Bradypnea.
- c- Bradycardia.

**10 - The condition in which a person is a ware of his or own heart beats called:**

- a- Palpitation.
- b- Dysrhythmia.
- c- Pulse rhythm.
- d- Arrhythmia.

**2- Put true ( T ) or false ( F ) in front of the following : ( 5 marks )**

- 1- ( ) The graduate nursing program are available at the master and doctorate level.
- 2- ( ) contractility of the heart is influenced by the stretch of cardiac muscle fibers.
- 3- ( ) The nursing process has 4 major steps only.
- 4- ( ) The first steps of the nursing process is the planning.
- 5- ( ) the art of nursing is the ability to perform an act skillfully.
- 6- ( ) stress has no effect on the vital signs.
- 7- ( ) the nursing as science has body of knowledge unique to nursing.
- 8- ( ) Nightingale definition for nursing is including the diagnosis and management.
- 9- ( ) Helping or assisting individual sick or well is included in the ANA‘ s definition of nursing.
- 10- ( ) the center for body temperature regulation is hypothalamus .

**3- Read the following, and answer the question : ( 4 marks )**

**A –**

**Temperature 39, Fingers stiff, swollen in joint, pulse 110 bpm, skin is flushed and hot,  
Blood pressure 110/70 mmHg , I feel dizzy, thick sputum and Headache. Weight 90 kg .**

**\* Assessment:**

objective data .....

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Subjective data .....

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**B - Read the following nursing diagnosis and answer the questions :**

**"Sleep pattern disturbance related to excessive intake of coffee as manifested by difficult in falling a sleep "**

1- Write the words that shows the etiology .....

2- Write the words that shows the problem .....

3- Write the words that shows the signs & symptoms .....

**4- Answer the following questions ?**

**( 6 marks )**

1- Role of nurse at the beginning of nursing profession ?

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2- Nursing measures for reducing high temperature ?

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3- Variables which affect blood pressure ?

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***GOOD LUCK***