

Dr. IHAB NASER
PhD (Community Nutrition)
Universiti Sains Malaysia
Gaza -Palestinian Authority
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Highlights and Qualifications

- Six years experience in food intervention programs and reduction of malnutrition
- 15 years experience in food safety and food assurance
- An excellent knowledge in household food insecurity and nutritional outcomes
- Strong Bio-statistical skills (SPSS, STATA)
- Excellent skills in project management and project evaluation
- Good proposal writing skills.
- Honest, motivated, hard working and enjoy strong personality
- Good training skills
- Good organizational & computer skills.
- Fluent in English language
- Holding a valid driving license

Work experience

Lecturer Nutrition and Health Faculty Palestine University Gaza – Palestine	2015- present
Lecturer Al Azhar University – Gaza Faculty of Pharmacy Lecturer at Master of Clinical Nutrition Program	2013 - Present Part time
Lecturer Al Quds Open University – North Gaza Branch Lecturer of Human Nutrition for Health Management students	2013- present Part time
Trainer Union of Agricultural work committees (UAWC) Funded by Norwegian People's Aid Defending Our Rights – DOR Sovereignty on the food	2012
Ministry of National Economy , Gaza Director of Gaza city directorate	Current position
Ministry of National Economy , Gaza Head of Food laboratories Department. <ul style="list-style-type: none">- Responsible of design strategic plan for the laboratories.- Supervising the work in all the food-related departments- Preparing updated monthly, quarter, semiannual and annual reports.	July 2006- Sept 2009

- Representing the ministry in all food safety- related issues.
- Ministry of National Economy, Gaza** May2001 - July 2006
Head of Food Chemistry Section.
- Supervision of the work in the Food chemistry section.
 - Auditing of the technical reports.
 - Preparing updated lab. Manual.
 - Supervising the quality control procedures in the food chemistry section
- Ministry Of Supplies, Gaza** May1999 - May2001
Food Chemist
- Analysis of food sample.
 - Issuing the chemistry reports of food samples
 - Member of the quality control team
- Ministry of Health (Public Health Laboratories)** Sept1998 - May1999
Food Chemist
- Performing chemical tests for various food samples
 - Performing chemical test for water.
 - Quality control team member.

Education

- PhD – Household food insecurity and nutritional outcomes among social welfare recipients, followed by Animal Source Food (ASF) intervention program for malnourished children (Nutrition). 2013
- Universiti Sains Malaysia, Malaysia**
- M.sc Biochemistry (Clinical Biochemistry & Nutrition) 1995 -1997
Dr. B.A.M. University – India
- B.sc. Biochemistry 1991-1994
Gujarat University – India

Certificates and Training Courses

- Advanced Biostatistics - Universiti Sains Malaysia
- Basic Statistic – Universiti Sains Malaysia
- Using Stata in statistical analysis – University Sains Malaysia
- Basic statistics – Islamic University of Gaza
- Preparatory course for TOEFL – Islamic University of Gaza
- Training course in Proposal Writing - UNRWA
- Training course in Cosmetic Manufacturing - Al Azhar University
- Training course in administration skills - CANADA
- Training course in Food safety Assurance & HACCP - Bier Ziet Uni.
- Training course in Health system Management - Galeli College - Israel

Publications

- Ihab, A.N.**, Rohana, A., Wan Manan, W., Wan Suriati, W., & Zalilah, (2015) . Published
Assessment of Food Insecurity and Nutritional Outcomes in Bachok, Kelantan.
Journal of Nutrition and Food Science 2015, 5:3
- Ihab, A.N.**, Rohana, A., Wan Manan, W., Wan Suriati, W., & Zalilah, M. (2014). Published

The Impact of Animal Source food (ASF) on the Growth of Malnourished Children in Bachok, Kelantan: Randomized Controlled Intervention Trial. *J Nutr Food Sci*, 4(6), 2.

Ihab A.N., Jalil, R., Muda, W., Manan, W., Nik, W., Suriati, W., Abdullah, M. R. (2014). Association between household food insecurity and nutritional outcomes among children in Northeastern of Peninsular Malaysia. *Nutrition research and practice*, 8(3), 304-311. Published

Ihab A.N., Rohana AJ, Wan Abdul Manan Wan Muda, Suriati WW, Zalilah M, Rusli AM. Nutritional Outcomes Related to Household Food Insecurity among Mothers in Rural Malaysia. *J Health Popul Nutr*. 31(4):213 Published

Ihab, A.N., Abdul Jalil, R., Wan Manan, W., Wan Suriati, W., Zalilah, M., & Mohamed Rusli, A. (2013). The coexistence of dual form of malnutrition in a sample of rural Malaysia. *Int. J. Prev. Med.*, 4(6), 690–699. Published

Ihab, A.N., Rohana, A., Manan, W. W., Suriati, W. W., Zalilah, M., & Rusli, A. M. (2012). Association of household food insecurity and adverse health outcomes among mothers in low-income households: A cross-sectional study of a rural sample in Malaysia. *International Journal of Collaborative Research on Internal Medicine & Public Health* 4(12), 1971-1985. Published

Ihab, A.N., Rohana, A., Manan, W. M. W., Suriati, W. N. W., Zalilah, M., & Rusli, A. (2012). Food Expenditure and Diet Diversity Score are Predictors of Household Food Insecurity among Low Income Households in Rural District of Kelantan Malaysia. *Pakistan Journal of Nutrition*, 11(10), 869-875. Published

Ihab A.N., Rohana AJ, Wan Abdul Manan Wan Muda Concept and Measurements of Household Food Insecurity and Its Impact on Malnutrition: A Review article – *International Medical Journal – Japan*. In press

Efficacy of Spirulina supplementation among anemic malnourished children in the Gaza Strip In Review

Conferences Papers (Oral Presentation)

The impact of Animal Source Food (ASF) on the growth of malnourished children in Bachok, Kelantan: Randomized controlled intervention trial. 2nd International Public Health Conference. *Journal of Community Health* 18 sup(1):39, 2012

Nutritional outcomes related to household food insecurity among mothers in rural Malaysia. 27th Scientific Conference - Nutrition Society of Malaysia. 2012 Kuala Lumpur Conference book page 73

Conference Papers (Poster Presentation)

Effect of animal source food (ASF) provision on the growth of malnourished Children in Kelantan, Malaysia: A Randomized Controlled Trial. IUNS 20th International Congress of Nutrition 20th September 2013 – Granada, Spain Ann Nutr Metab 2013;63(suppl 1):1–1960, Page 391.

Food expenditure and diet diversity score are predictors of household food in security. 27th Scientific Conference - Nutrition Society of Malaysia. Conference book B15 page 141

Household food insecurity and nutritional outcomes among children in Bachok, Kelantan, (*Thai Journal of Clinical Nutrition*), 7th Asia Pacific Conference of Clinical Nutrition, Bangkok, 2011 Thai Journal of Clinical Nutrition 721, 2011

Paradoxical form of malnutrition in low income households in Bachok District. (*Thai Journal of Clinical Nutrition*), Asia Pacific Conference of Clinical Nutrition, Bangkok, 2011. Thai Journal of Clinical Nutrition 807, 2011

Research and academic contribution

Supervision

- Co-Supervisor for PhD student; **Marwan O. Jalambo**,
Universiti Kebangsaan Malaysia (UKM), Malaysia.
Thesis title: Effect of iron supplementation and nutritional education among iron deficient and iron deficient anemic female adolescents in the Gaza Strip-Palestine.
- Supervisor for Master student (**Master of Clinical Nutrition, Al Azhar University**);
Ayman Soliman Abu Tair
Thesis title: Impact of fiber concentrate on Insulin Sensitivity and other metabolic control among Diabetic Type 2 Patients: Randomized Control Trial (RCT).
- Supervisor for Master student (**Master of Clinical Nutrition, Al Azhar University**); **Samar Ulliyan**
Thesis title: Nutrition assessment of burn patients in Gaza strip
- Supervisor for Master student (**Master of Clinical Nutrition, Al Azhar University**);
Samira A. Alghafari
Thesis title: Nutritional Risks Associated with Chronic use of Proton Pump Inhibitors In Gaza-Strip
- Supervisor for Master student (**Master of Clinical Nutrition, Al Azhar University**);
Wafaa El Derawi
Thesis Title: The Effectiveness of Oral Magnesium Supplementation on the glycemic control in in type II diabetic patients.

Examiner

- External examiner for the student **Akram Asfour** – Mater of Clinical Nutrition-
Thesis title" Impact of dietary adherence on blood L- phenylalanine level among Phenylketouria children aged 6-18 years in the Gaza Strip.
- External Examiner for the student **Ahmed Al Najar** - Mater of Clinical Nutrition-
Thesis title" The impact of exclusive breast feeding on bone density among young mothers
- External Examiner for the student **Rana Zaiter** - Mater of Clinical Nutrition-
Thesis title " Impact of vitamin B12 deficiency on Diabetic patients
- External examiner for the student **Mahmoud Al Sheikh Ali** - Mater of Clinical Nutrition-
Efficacy of Spirulina in comparasion with multivitamin supplement amongst children attending Ard El Insan Clinic in the Gaza Strip
- External examiner for the student **Mervat Hijazi** – Mater of Clinical Nutrition-
Thesis title" A study of malnutrition management among patients with liver diseases

Journal Reviewer

- Member of the review board team - Danish Journal of Sciences
- Editorial Board Member – Journal of Maternal and Pediatric Nutrition
- Editorial Board Member – Clinical Pediatrics:

Activities

- X- Chairman of Student Ambassadors (USM, ,Health Campus) 2010 - 2013
- Represented the Palestinian students in the solidarity day organized by the USM students –Dewan Nurani 20/01/2010
- Participant in the Palestinian Standards committee for revising and editing

Food Standards.

- Conduct a seminar on HACCP.
- Conduct workshop on food sampling procedures.
- Active member of Medical laboratories technicians association.
- Member of the Chemical Palestinian association.
- Getting funds for two projects in order to develop the food laboratories (JICA & Islamic Bank for Development)
- Training of university students and fresh graduates in our laboratories.
- Prepared literature survey in use of Genetic Eng. In Pharmaceutical Industry.
- Active member of the National Committee of Food Fortification

Languages

Good in English language

Can Communicate in Hindi and Malay language

Interests

Reading, traveling and volunteer work

References

Available upon request

Teaching profile

Year	Semester	Subject	level	Institution
October, 2011	I Semester	Nutritional assessment – Biochemical analysis	B.Sc. Nutrition and Dietetic	University Science Malaysia
October, 2011	I Semester	Chemical analysis of food/lab	B.Sc. Nutrition and Dietetic	University Science Malaysia
October, 2012	I Semester	Nutritional assessment – Biochemical analysis	B.Sc. Nutrition and Dietetic	University Science Malaysia
October, 2012	I Semester	Chemical analysis of food/Lab	B.Sc. Nutrition and Dietetic	University Science Malaysia
September, 2013	I Semester	Basics of Nutrition Science	Master student Clinical nutrition	Al Azhar University
September, 2013	I Semester	Human Nutrition	B.Sc. students	AL Quds Open University
January, 2014	II Semester	Nutritional Biochemistry	Master student Clinical nutrition	Al Azhar University
September, 2014	I Semester	Maternal and pediatric Nutrition	Master student Clinical nutrition	Al Azhar University
September, 2014	I Semester	Human Nutrition	B.Sc. students	AL Quds Open University
January, 2015	II Semester	Vitamins and Minerals	Master student Clinical nutrition	Al Azhar University
September, 2015	I Semester	Introduction to Food & Nutrition Science	B.Sc. Nutrition and Health	Palestine University