

Course No: NUTR 2310
Course Title: Nutritional Assessment
Date: 19/04/2018
No. of Questions: (4)
Time: 1hour
Using Calculator (No)

University of Palestine



2nd Midterm Exam
2017/2018
Total Grade:15

Instructor Name: Dr Mohammed Srour
Student No.: _____
Student Name: _____
College Name: Medicine & Health
Sciences
Dep. / Specialist: Nutrition
Using Dictionary (No)

Question One:

Nutritional history and current dietary intake data provide information on a population's, group's, or individual's nutritional status and identify potential nutritional problems. Mention the purpose of collecting dietary intake data.

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Question Three:

Complete the missing parts

TABLE 4 Strengths and Limitations of Various Dietary Assessment Methods Used in Clinical Settings			
	Strengths	Limitations	Applications
24-Hour Recall		<p>Dependent on respondent's memory</p> <p>Relies on self-reported information</p> <p>Requires skilled staff</p> <p>Time consuming</p> <p>Single recall does not represent usual intake</p>	<p>Appropriate for most people as it does not require literacy</p> <p>Useful for the assessment of intake of a variety of nutrients and assessment of meal patterning and food group intake</p> <p>Useful counseling tool</p>
Food Frequency	<p>Quick, easy and affordable</p> <p>May assess current as well as past diet</p> <p>In a clinical setting, may be useful as a screening tool</p>		<p>Does not provide valid estimates of absolute intake for individuals, thus of limited usefulness in clinical settings</p> <p>May be useful as a screening tool, however, further development research is needed</p>

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Question Four:

- In you clinic a patient with vitamin D results 5nmol/L, WBC 15,000 mm³ and ALP serum 2g/dl, what do you understand from this lab results and how you can assess his nutritional status.

End of Questions
Good Luck