

Course No: NUTR 2310
Course Title: Nutritional Assessment
Date: 28/05/2018
No. of Questions: (6)
Time: 2 hours
Using Calculator (No)

University of Palestine



Final Exam
2017/2018
Total Grade:30

Instructor Name: Dr Mohammed Srouf
Student No.: _____
Student Name: _____
College Name: Medicine & Health Sciences
Dep. / Specialist: Nutrition
Using Dictionary (No)

Question One:

A)Mention the limitations for the current strategies for to assess nutrient intake.

B) What are the components of the medical history to consider in nutritional assessment.

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Question Two:

- A) In your clinic a patient asks you a nutritional consulting and nutritional advice, according to your understanding what is the clinical nutritional examination (clinical finding and consider deficiency/ access of) that you should do for him? *Hint: hair*

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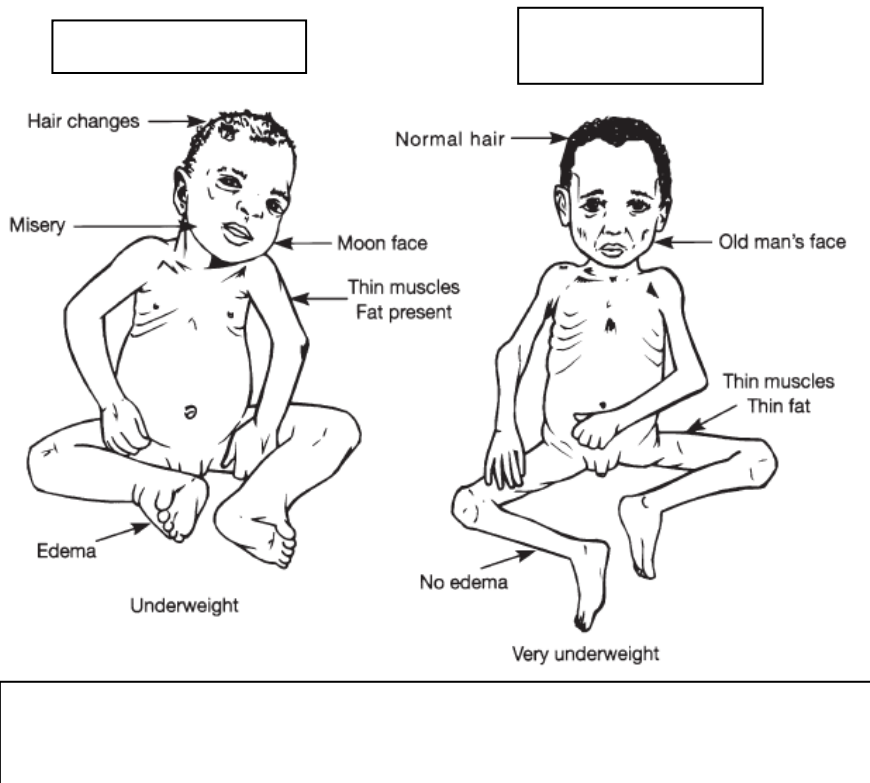
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B) Mention the twelve basic components of the computerized dietary analysis system.

Question Three:

A) Complete the missing parts



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B) What is the three questions to ask when evaluating a nutrient database for personal or professional use.

Question Four:

A) In you clinic a patient with vitamin D results 5nmol/L, WBC 15,000 mm³ and ALP serum 2g/dl, what do you understand from this lab results and how you can assess his nutritional status.

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B) write about the importance of national dietary and nutrition surveys.

Question Five:

Define, describe, or write about the following:

- **Clinical assessment of nutritional status:**

- **Signs:**

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- **Nutritional Analysis tool NAT:**

- **Risk Assessment:**

Question Six:

Select 2 out of 3

A) **Draw a model for applying therapeutic life changes for patient to reduce risk for CHD.**

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B) What are the best ways to diagnosing osteoporosis?

C) What are the diagnostic criteria for diabetes?

End of Questions
Good Luck

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ROUGH PAPER