

Course No:  
Course Title: Nursing  
Psychiatric  
Date: 30 / 5 / 2018  
No. of Questions: (4)  
Time: Two hours  
Using Calculator (No)



Final Nursing  
Psychiatric Exam  
second semester  
2017/2018  
Total Grade: 50

Instructor Name:  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Health Professions  
Dep./Specialist: Nursing  
Using Dictionary (No)

**Question No. I : Multiple choice questions ( 25 Marks)**

**Choose the most correct answer from the following:**

**1. Which of the following personality disorder classified under Cluster B.....:**

- a) Borderline Personality Disorder
- b) Dependent Personality Disorder
- c) Paranoid Personality Disorder
- d) All of the above

**2. A client who is taking chlorpromazine hydrochloride (Largactil) is experiencing extrapyramidal side effects (EPS). The nurse understands that EPS is:**

- a. dysfunction of the cardiovascular system
- b. involuntary muscle movements
- c. similar to a seizure disorder
- d. a toxic reaction of the liver

**3. Disorder that characterized by morbid fear of obesity and refusal to eat even hungry, is called.....:**

- a. Bulimia nervosa.
- b. Pica.
- c. Anorexia nervosa.
- d. Binge eating disorder.

**4. A client complain of binge eating episodes that are associated with.....:**

- a) Eating large amounts of food when feeling physically hungry.
- b) Eating within groups.
- c) Eating until feeling uncomfortably full.
- d) Eating much more slowly than normal.

**5. A client with hoarding disorder may complain of .....:**

- a) Recurrent picking of skin
- b) Persistent depressive mood
- c) Recurrent pulling out of one's hair
- d) Possessions of only high valued objects

**6. Which of the following drugs consider mood stabilizer.....:**

- a) Largactil
- b) Lithium
- c) Elatrol,
- d) Haloperidol (Haldol)

**7. In personality disorder, hospitalization only indicated for:**

- a) Antisocial Personality Disorder
- b) Borderline Personality Disorder
- c) Antisocial and borderline personality disorder
- d) None of the above

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**8. Which of the following statements explains the etiology of Obsessive Compulsive Disorder (OCD) from a biological theory perspective?**

- a) Individuals diagnosed with OCD have weak and underdeveloped egos.
- b) Obsessive and compulsive behaviors are a conditioned response to a traumatic event.
- c) Regression to the pre-Oedipal anal sadistic phase produces the clinical symptoms of OCD.
- d) Abnormalities in various regions of the brain have been implicated in the cause of OCD.

**9. Somatic symptom and other related disorders include which of the following:**

- a. Conversion disorder
- b. Illness anxiety disorder
- c. Somatic symptom disorder
- d. All of the above

**10. Modicate and halidol deconate is slow release depot used for.....:**

- a) Outpatient care
- b) Noncompliant patient
- c) Patient with intellectual disabilities
- d) All of the above

**11. The main difference between acute stress disorder (ASD) and (PTSD) is?**

- a) The symptoms of ASD are time limited, up to 1 month.
- b) Precipitating traumatic events and symptoms.
- c) The symptoms of PTSD are time limited, up to 3 month.
- d) None of the above.

**12. Jehan has grandiosity and preoccupied with constant need for attention and admiration, this indicate ..... :**

- a) Antisocial Personality Disorder
- b) Dependent Personality Disorder
- c) Borderline Personality Disorder
- d) Narcissistic Personality Disorder

**13. Which of the following drugs is an example of Selective Serotonin Reuptake Inhibitors (SSRI )**

- a) Elatrol
- b) Serotonin
- c) Tofranil
- d) All of the above.

**14. All the following symptoms would the nurse expect to assess in a client diagnosed with PTSD? except.**

- a) Recurrent distressing dreams related to traumatic event occurred.
- b) Hypervigilance.
- c) Excessive attachment and dependence toward others.
- d) Avoidance of activities those are associated with the trauma.

**15. Soha diagnosed with bulimia nervosa, because she.....:**

- a) has no binge eating behavior
- b) do appropriate compensatory behavior
- c) binge and purge for at least once a week for 3month
- d) All of the above (e)



**16. A newly admitted client is diagnosed with PTSD. Which behavioral symptom would the nurse expect to assess?**

- a) Recurrent, distressing flashbacks.
- b) Intense fear, helplessness, and horror.
- c) Diminished participation in significant activities.
- d) Negative emotions.

**17. Tofranil is .....drug :**

- a) Antipsychotic
- b) Anti-manic
- c) Hypnotics
- d) TCA

**18. A client newly admitted to an in-patient psychiatric unit is diagnosed with OCD. Which behavioral symptom would the nurse expect to assess?**

- a) The client uses excessive hand washing to relieve anxiety.
- b) The client rates anxiety at 8/10.
- c) The client uses breathing techniques to decrease anxiety.
- d) The client exhibits diaphoresis and tachycardia.

**19. Which of the following medications can be used to treat clients with anxiety disorders? EXCEPT.**

- a) Diazepam.
- b) Lorazepam.
- c) Alprazolam (Xanax).
- d) Clozapine.

**20. Intrusive symptoms of Post-traumatic stress disorder, include ..... :**

- a) Persistent negative emotions
- b) Hypervigilance
- c) Traumatic nightmares
- d) All of the above

**21. A client diagnosed with OCD has been hospitalized for the last 4 days. Which intervention would be a priority at this time?**

- a) Notify the client of the expected limitations on compulsive behaviors.
- b) Reinforce the use of learned relaxation techniques.
- c) Allow the client the time needed to complete the compulsive behaviors.
- d) Say “stop” to the client as a thought-stopping technique.

**22. A client is suspected to be experiencing a conversion disorder. Which of the following would the nurse expect to assess?**

- a) Pseudo pregnancy
- b) Blindness
- c) Aphonic
- d) All of the above

**23. Which of the following is not uses of Tricyclic antidepressant (TCA)**

- a) Bipolar disorders.
- b) Depressive disorders.
- c) Panic disorder.
- d) Control bedwetting



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**24. A client preoccupied with large ears, that not observable to others, so he check mirror frequently, may diagnosed as?**

- a) Muscle dysmorphia
- b) Conversion disorder
- c) Body dysmorphic disorder
- d) All of the above

**25. Client complain of repetitive praying -for 2 hours - that he feels driven to perform to prevent anxiety result from excessive thoughts of un-religiosity may diagnosed as .....**

- a) Obsessions
- b) Obsessive-compulsive disorder
- c) Compulsions
- d) Body dysmorphic disorder

**26. Which of the following statement is true about muscle dysmorphia?**

- a) is a form of skin-picking disorder
- b) belief that one's is insufficiently muscular
- c) preoccupation due to eating disorder
- d) belief that one's body build is too large

**27. The first priority nursing implications for schizophrenic patient who receive leponex include:**

- a) Lubricate mouth by water
- b) Treat NMS with artane
- c) Frequent monitoring of WBC
- d) All of the above

**28. The common symptoms for serotonin syndrome may include.**

- a) Fever
- b) Mental status changes
- c) Muscle rigidity
- d) All of the above



**Question No. II: Write no. of the term for appropriate statement (5 Marks)**

1. Trichotillomania	2. Aphonia	3. Anosmia	4. Adjustment disorder
5. Illness Anxiety Disorder	6. Personality disorder	7. Excoriation disorder	

- ( ) An enduring pattern of inner experience and behavior that deviates markedly from the expectations of the individual's culture, is pervasive and inflexible.
- ( ) Maladaptive reaction to an identifiable stressor, that results in the development of clinically significant emotional or behavioral symptoms.
- ( ) Unrealistic or inaccurate interpretations of physical symptoms or sensations, leading to preoccupation or fear of serious disease.
- ( ) Recurrent pulling out of one's hair resulting in hair loss, and repeated attempt to decrease or stop hair pulling.
- ( ) Inability to perceive smell, which is a symptom of conversion disorder.

**Question No. III : True or False questions with correction (7 Marks)**

**Put True or False as suitable for the following sentences:**

- ( ) For Antisocial personality disorder the individual must be 15 at least.
- ( ) A client with bulimia nervosa usually underweight.
- ( ) Somatic symptoms disorder is acute, with symptoms beginning after age 50.
- ( ) Patient with excoriation disorder has not any attempts to decrease skin picking.
- ( ) Adjustment disorder persists for 9 months at least after the stressor have ended.
- ( ) Obsessions or compulsions are time-consuming take more than 1 hour per day.
- ( ) Most effective treatment for bulimia is Cognitive behavioral therapy (CBT)

**Question No. IV Discussion: Answer two questions from the following (10 Marks)**

- List symptoms of anorexia nervosa (6 at least) as described in DSM-5.?
- Talk about diagnostic criteria for a patient of Obsessive-Compulsive disorder?.
- Mention five of somatic symptoms related to as results of psychiatric disorders?.

