

Course No: NUTR 2310  
Course Title: Nutritional Assessment  
Date: 20/04/2017  
No. of Questions: ( 5 )  
Time: 1hours  
Using Calculator (No)

University of Palestine



2<sup>nd</sup> Midterm Exam  
2016/2017  
Total Grade:

Instructor Name: Dr Mohammed Srouf  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Pharmacy  
Dep. / Specialist: Health & Nutrition  
Using Dictionary (No)

### Question One:

As a nutritionist, you should show the ability to understand the standards of evaluation of nutritional assessment...complete the missing parts..

#	Indicators of risk assessment	Relevance	Criteria for further screening and assessments
Physical Activity			
Weight & body image			
Growth			
Medical conditions			
Life style			

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## Question Two:

Complete the following potential PES statements with potential interventions and indicator.....

Potential PES	Potential Intervention	Indicator for M & E
Referral: Weight loss/ Insidious weight loss  Inadequate oral food/beverage intake related to lack of appetite as evidenced by <50% of meals consumed, Prozac recently ordered, and weight loss/insidious weight loss (x lbs in y days)	Meals and Snacks  	Weight  
Referral: Weight loss  Inadequate energy intake related to poor intake following surgery as evidenced by weight loss (x lbs in y days)	  Nutrition-Related Medication Management	  

Potential PES	Potential Intervention	Indicator for M & E
Referral: Weight loss/ Insidious Weight Loss  Inadequate oral food/beverage intake related to self feeding difficulty as evidenced by tremors, food on floor, in resident's lap and weight loss/insidious weight loss (x lbs in y days)	Feeding Assistance  	  
Referral: Weight Gain  Excessive oral food/beverage intake related to limited adherence to nutrition-related recommendations as evidenced by resident snacking from vending machine, consuming foods brought in by family/friends and intake of 75-100% at meals (x lbs in y days)	Nutrition Education (Purpose of the nutrition education)  	Biochemical Data, Medical Tests and  
Referral: Underweight  Underweight related to inadequate energy intake prior to admission as evidenced by BMI of 17	Meals and Snacks: (General/healthful diet) Medical Food Supplements Vitamin and Mineral Supplements Other: specify	Weight BMI



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**Question Four:**

**How you can use the physical sign of malnutrition and possible nutrition-related causes...in nutritional assessment of malnutrition.**

	<b>Signs</b>	<b>Possible nutrition-related causes</b>
<b>Hair</b>		
<b>Eyes</b>		
<b>Lips</b>		
<b>Gums</b>		
<b>Face</b>		



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الإدارة العامة للرعاية الأولية  
 مركز شهداء الرمال



السلطة الوطنية الفلسطينية  
 وزارة الصحة

رقم الهوية	86456	رقم الطلب	4204873	رقم الزيارة		
الجنس	ذكر	العمر		اسم المريض		
تاريخ	30/03/2017			اسم الطبيب		
Aspartate Aminotransferase (AST)	AST	20	0-37			
Urea	Urea	25				
Alanine Aminotransferase (ALT)	ALT	24	0-43			
Glucose Fasting	Glucose Fasting	98	70-110			
Creatinine (Serum)	Creatinine (Serum)	0.73	0.6-1.2			
Uric Acid	Uric Acid	3.8	3.5-7.2			
Cholesterol Total	Cholesterol Total	196	0-200			
Cell Blood Count (C.B.C)	WBC	7	4.6-11	LYM	33.5	10-58
	MID	9.9	.1-24	GRAN	56.6	37-80
	RBC	5.03	4.69-6.13	HGB	15.5	13.5-17.5
	HCT	42.5	43.5-53.7	MCV	84.4	80-100
	MCH	30.8	27-31.2	MCHC	36.5	31-35
	RDW	11.5	11.5-14.5	PLT	00186	150-450
	MPV	9.5	0-99.8	PCT		
	PDW					

End of Questions  
 Good Luck