

Course No: NUTR 2310  
Course Title: Nutritional Assessment  
Date: 03/06/2017  
No. of Questions: ( 7 )  
Time: 2 hours  
Using Calculator (No)

University of Palestine



Final Exam  
2016/2017  
Total Grade:30

Instructor Name: Dr Mohammed Srour  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Pharmacy  
Dep. / Specialist: Nutrition & Health  
Using Dictionary (No)

## Question One:

State *True* or *False* with *correction* the wrong answers:

- 1- Surveys reflects the actual situation in an individual because of variable factors like bioavailability of the various nutrients and the impact of genetic makeup and other factors that are taken into account ( ).
- 2- Subjective global assessment rely heavily on objective anthropometric and biochemical data ( ).
- 3- Healthy People 2020 is committed to a single, fundamental purpose: promoting health and preventing illness, disability, and premature death ( ).
- 4- “What We Eat in America” survey, data were collected using two multiple-pass 24-hour recalls administered in the home by trained interviewers, the recalls were conducted on 2 consecutive days, 3 to 10 days apart ( ).
- 5- In NHANES, DXA is optimum for age 40 and above ( ).

## Question Two:

Select the best answer among multiple choice questions:

- 1- After birth, nutrition modifies health status throughout all stages of the lifespan, and hence has a critical role in primary prevention, that mean....
  - A) Maintain functions
  - B) Preventing progression of disease
  - C) Preventing onset of disease
  - D) Preventing consequences of disease
- 2- Clinical assessment of nutritional status involves a detailed history, a thorough the following, except:
  - A) Interpretation of the signs and symptoms associated with malnutrition
  - B) Physical examination
  - C) A + B
  - D) Dietary assessment

Course No: NUTR 2310  
Course Title: Nutritional Assessment  
Date: 03/06/2017  
No. of Questions: ( 7 )  
Time: 2 hours  
Using Calculator (No)

University of Palestine



Final Exam  
2016/2017  
Total Grade:30

Instructor Name: Dr Mohammed Srour  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Pharmacy  
Dep. / Specialist: Nutrition & Health  
Using Dictionary (No)

- 3- In the dietary history when using subjective global assessment SGA method we usually use the following elements of the physical examination, except:
- A) Presence of edema
  - B) Sever weight reduction
  - C) Loss of subcutaneous fat
  - D) Muscle wasting
- 4- Nutritional Monitoring in the Palestine, it involves data collection and data analysis in different general areas, including the following except:
- A) Food counseling
  - B) Food consumption measurements
  - C) Dietary knowledge, behavior, and attitude assessments
  - D) Food supply and demand determinations
- 5- Food availability can be calculated by:
- A) Measurable non-food use (minus) Available commodity supply
  - B) Available commodity supply (minus) Measurable non-food use
  - C) Measurable non-food use (plus) Available commodity supply
  - D) Available commodity supply (plus) Measurable non-food use

### Question Three:

A) Define the following:

1) Signs

2) Symptoms

3) Subjective Global Assessment

Course No: NUTR 2310  
Course Title: Nutritional Assessment  
Date: 03/06/2017  
No. of Questions: ( 7 )  
Time: 2 hours  
Using Calculator (No)

University of Palestine



Final Exam  
2016/2017  
Total Grade:30

Instructor Name: Dr Mohammed Srour  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Pharmacy  
Dep. / Specialist: Nutrition & Health  
Using Dictionary (No)

4) Nutritional monitoring

5) Oversampling

B) In nutrition screening history ...

	If history of	Suspect deficiency of
1	Weight loss	
2	Pernicious anemia	
3	Inborn errors of metabolism	
4	Cigarette smoking	
5	Diarrhea	





Course No: NUTR 2310  
Course Title: Nutritional Assessment  
Date: 03/06/2017  
No. of Questions: ( 7 )  
Time: 2 hours  
Using Calculator (No)

University of Palestine

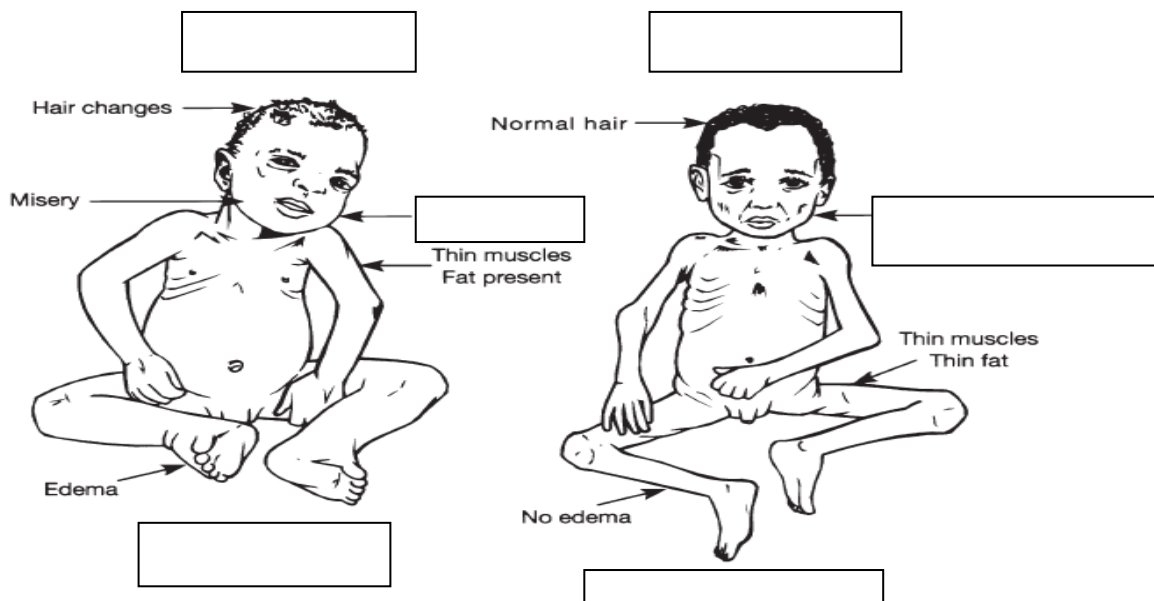


Final Exam  
2016/2017  
Total Grade:30

Instructor Name: Dr Mohammed Srouf  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Pharmacy  
Dep. / Specialist: Nutrition & Health  
Using Dictionary (No)

B) Mention the uses of data obtained from nutrition and health surveys.

C) Complete the missing parts.



**Course No: NUTR 2310**  
**Course Title: Nutritional Assessment**  
**Date: 03/06/2017**  
**No. of Questions: ( 7 )**  
**Time: 2 hours**  
**Using Calculator (No)**

**University of Palestine**



**Final Exam**  
**2016/2017**  
**Total Grade:30**

**Instructor Name: Dr Mohammed Srour**  
**Student No.: \_\_\_\_\_**  
**Student Name: \_\_\_\_\_**  
**College Name: Pharmacy**  
**Dep. / Specialist: Nutrition & Health**  
**Using Dictionary (No)**

---

---

### **Question Six:**

---

---

**A) Mention the twelve basic components that should be poses computerized dietary analysis system?**

**B) Dietary assessment on internet is crucial, select one of them and explain the propose of using and problems which may face you during operating this form....**

Course No: NUTR 2310  
Course Title: Nutritional Assessment  
Date: 03/06/2017  
No. of Questions: ( 7 )  
Time: 2 hours  
Using Calculator (No)

University of Palestine



Final Exam  
2016/2017  
Total Grade:30

Instructor Name: Dr Mohammed Srour  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: Pharmacy  
Dep. / Specialist: Nutrition & Health  
Using Dictionary (No)

---

### Question seven:

---

Answer the following?

1- How can you diagnose PKU infant just by clinical signs when he/she come with family to your clinic.

2- Why we use medical nutrition therapy for diabetes mellitus.

3- Why we should limit intake of salt to 3.75 g with hypertension patients.



**Course No: NUTR 2310**  
**Course Title: Nutritional Assessment**  
**Date: 03/06/2017**  
**No. of Questions: ( 7 )**  
**Time: 2 hours**  
**Using Calculator (No)**

**University of Palestine**



**Final Exam**  
**2016/2017**  
**Total Grade:30**

**Instructor Name: Dr Mohammed Srour**  
**Student No.: \_\_\_\_\_**  
**Student Name: \_\_\_\_\_**  
**College Name: Pharmacy**  
**Dep. / Specialist: Nutrition & Health**  
**Using Dictionary (No)**

---

**4- For oestoposisrs assessment, if we didn't have DXA what is the other method to assist osteoporosis?**

**5- Why we can't measure total cholesterol and LDL -C for recent heart attack and stroke persons within 8 weeks following the attack?**

End of Questions  
*Good Luck*