

Course No: HSM4223
Contemporary Health Issues
Date: 03/06/2017
No. of Questions: (3)
Time: 2hours
Using Calculator (No)

University of Palestine



Final Exam
Second Semester
2017/2016
Total Grade:50

Reema Alabadla
Student No.: _____
Student Name: _____
Faculty of Business & Finance
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Using Dictionary (No)

First Question : (15 marks)
True Or False

1. Most of eating disorders, food is typically the problem.
2. Many causes of cancer considered as preventable.
3. Personal experience is a valid source of health management.
4. The survival of patient with cancer is not related to the stage of disease.
5. An overweight individual exceed the recommended amount of body fat.
6. Early mortality and gout considered as benefits from obesity.
7. Cardiovascular diseases are group of disorders of heart and blood vessels.
8. Many women severe from gestational diabetes during pregnancy.
9. Effect of caffeine is relatively harmful.
10. Consequences of obesity could lead to cancer.
11. Anecdotal evidence is a reliable source of health information.
12. Secondary prevention for CVDs looks to prevent complications.
13. Harm reduction in drugs involve substituting more harmful drug from the current one.
14. Smoking greatly increase the risk of lung cancer.
15. Association equal causation in epidemiological evidence.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Second Question: (10 marks)
Choose the correct answer

1. -----considered from the poor method of weight reduction.
 - a) Reduced calories intake.
 - b) Diuretics
 - c) Physical exersice
 - d) Balance nutrition
2. Each of the following considered from the physical causes of cancer,except:
 - a) Radon
 - b) Ultraviolet radiation
 - c) Cancer treatment
 - d) Asbestos

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3. ----- means illogical fear.
 - a) Mania
 - b) Phobia
 - c) Depression
 - d) Anxiety
4. All of the following considered as communicable diseases except:
 - a) Flu
 - b) Hepatitis
 - c) Hypertension
 - d) Pneumonia.
5. All of the following are routes of administration of drugs except:
 - a) Smoking drugs
 - b) Injecting drugs
 - c) Quitting drugs
 - d) Oral pills
6. all of the following are chronic effect of ethanol consumptions except:
 - a) gastritis
 - b) diabetes mellitus
 - c) pancreatitis
 - d) liver disease.
7. Lack of appetite is the meaning of eating disorders called :
 - a) Bulimia
 - b) Night eating syndrome
 - c) Anorexia
 - d) Sleep related eating disorders.
8. All of the following considered as changeable risk factor for CVDs, except:
 - a) Physical inactivity
 - b) Tobacco smokers
 - c) Age
 - d) Obesity
9. Each of the following considered as causes of obesity. Except:
 - a) Individual psychology
 - b) Social psychology
 - c) Gout
 - d) Physiology
10. ----- considered as a hallmark of a quality experiments.
 - a) Time
 - b) Informed consent
 - c) Ethical consideration
 - d) Tissue culture

1	2	3	4	5	6	7	8	9	10



Third Question(Discussion)

(25 marks)

Answer on the following questions:

1. Bulimia is considered as eating disorder that have many signs and medical risks. mention briefly to its warning signs and medical risks.

2. what are the causes of cancer? ?briefly explain each one .

3. as specialist of health management , which are the types of evidence could use in health claims to assure from accurate health information. Describe it briefly.

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4. mention to the 10th general rules to avoid cancer.

5. In short essence ,numerate the health risks of overweight.

Good Luck