Question One: Put true (√) or false (X)

1) Classification of foods by predominant function divided to 6 parts include water (   ).

2) Essential amino acids are synthesized in the body (   ).

3) Low protein in blood causing trouble in osmotic pressure (   ).

4) If serum albumin less than 3.5 g/dl that mean mild malnutrition status (   ).

5) The state of fatty tissues in the human body are mono-glyceride form (   ).

6) The majority of the constituent of sunflower oil is polyunsaturated f.a. (   ).

7) Fat in the body is considered a vehicles for some vitamins like C and B (   ).

8) Essential f.a. reduce the low density lipo-protein (   ).

9) The total energy comes from fat should be 10-15% (WHO recommendation) (   ).

10) One of the function of vitamin A is support skeletal growth (   ).

11) Vitamin k2 is the main form of vitamin k supplements (   ).

12) Vitamin K deficiency popular in newborn infants (   ).

13) Vitamin B 12 cooperates with folate in the synthesis of DNA (   ).

Course No: NUTR 3221
Course Title: Meal Preparation
Date: 23/10/2017
No. of Questions: (3)
Time: 40 minutes
Using Calculator (No)

University of Palestine

First Mid. Exam
2017/2018
Total Grade:

Instructor Name: _____
Student No.: _____
Student Name: _____
College Name: _____
Dep. / Specialist: _____
Using Dictionary (No)

Question Two: Mention the diseases of vitamin A deficiency?

Question Three: What is the difference between Recommended Dietary Allowances (RDA) and Estimated Average Requirements (EAR)?

End of Questions
Good Luck