

Course No:  
Course Title: PUBLIC HEALTH

University of Palestine



Midterm Exam  
2014/2015  
Total Grade:20

Instructor Name: \_\_\_\_\_  
Student No.: \_\_\_\_\_  
Student Name: \_\_\_\_\_  
College Name: \_\_\_\_\_  
Dep. / Specialist: \_\_\_\_\_  
Using Dictionary (No)

Date: 24/11/2014  
No. of Questions: (3)  
Time: 1hours  
Using Calculator (No)

**Answer the question (11 marks)(answer behind this sheet)**

- 1- According to WHO define the Health?
- 2- What is the different between sign and symptoms?
- 3- We study The 7 dimensions of wellness, write six without explain?
- 4- Your behaviour change goals should be SMART what does mean (SMART)?
- 5- Define A Non-communicable Disease?
- 6- Define a risk factors?
- 7- Write Uncontrollable risk factors for Non-communicable Disease\_?
- 8- Define the community?
- 9- What is the Health Levels?
- 10- Pathogens related to accidents and disasters,what is the differant between accidents and disasters?
- 11- What is The epidemiologic triangle?
- 12- Define the Public health according to American Medical Association

**Answer this question by (T) OR (F) (5 marks)( answer on this sheet )**

- 1- Wellness is all about maintaining a balance between the many different aspects of your life( )
- 2- NCDs of major importance in Poor countries, they are rapidly increase and start to affect young age ( )
- 3- Public health focus on treatment rather than prevention ( )
- 4- Public health is the organization and application of public resources to treat dependency; which would otherwise result from disease or injury ( )
- 5- Public Health is the health of population as more than unit living together in a common environment ( )

**Choose the best answer (4 marks) (answer on this sheet)**

**1-All of these are Health Home Messages except one**

- A- Don't smoke
- B- Be physically active regularly
- C- Keep unhealthy weight
- D- Minimize saturated fat
- E- Prevention is better than treatment

**2-All of these Environmental Hazards except one**

- A- Chemical Fumes ( solvents, paints)
- B- Air Pollution ( factories, car exhaust)
- C- Construction Material ( Asbestos)
- D- Secondhand Smoke
- E- Sunlight

**3-All of these are symptoms of Diabetes except one**

- A- Excessive thirst
- B- Unexplained weight loss
- C- Extreme hunger
- D- Sudden mood changes
- E- Tingling in hands or feet

**4-Public health definition include all of these except one**

- A- Use of public resources
- B- Focus on prevention rather than treatment
- C- Concentrate on improving the people health and prolonging life
- D- Pay attention to environment
- E- Control of NON communicable diseases

**All the best**