

Course No: DNUR 2308
Course Title: Medical Surgical Nursing II
Date: 19/01/2014
No. of Questions: (2)
Time: Two hour
Using Calculator (No)

University of Palestine

Final term Exam
First 2013/2014
Total Grade: 60 Marks

Instructor Name: Dr. Ahmed Najim.
Student No.: _____
Student Name: _____
College Name: Nursing.
Dep. / Specialist: _____
Using Dictionary (No)

Question One:

Q1. Read the following questions and choose the correct answer:

- 1. The major predisposing factor causing stone formation is:**
 - a) Stasis of urine.
 - b) Hyper activity.
 - c) Increase fluid intake.
 - d) None of the above.

- 2. The purpose of urine culture is to:**
 - a) Determine the duration of a urinary infection.
 - b) Identify the organism causing a urinary infection.
 - c) Locate the exact site of a urinary infection.
 - d) Determine the severity of a urinary infection.

- 3. All of the following are present in (ESRD) except:**
 - a) Anemia.
 - b) Acidosis.
 - c) Hypokalemia.
 - d) Hypocalcaemia.

- 4. In caring of nephritic syndrome patients the nurse should:**
 - a) Monitor daily weight, intake and output, and urine specific gravity.
 - b) Monitor vital signs, orthostatic blood pressure, and heart rate.
 - c) Monitor serum BUN and creatinine to assess renal function.
 - d) All of the above mentioned.

- 5. In order to confirm the diagnosis of nephritic syndrome we must do:**
 - a) Urinalysis.
 - b) 24-hour urine for protein.
 - c) Serum chemistry.
 - d) Needle biopsy of kidney.

- 6. Is a process of cleansing the blood of accumulated waste products, It is used for patients with end-stage renal failure:**
 - a) Hemodialysis.
 - b) Cystoscopy.
 - c) Intravenous pyelography.
 - d) None of the above.

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7. The nurse recognizes that a patient has an elevated serum creatinine level and knows that this likely indicates:
- Diabetes mellitus.
 - Congestive heart failure
 - Chronic renal failure.
 - Severe dysrhythmias.
8. The nurse teaches a patient with acute renal failure that the normal serum creatinine value is:
- 0.6- 1.2 mg/dl
 - 60-120 mg/dl
 - 600-1200 mg/dl
 - 2- 4 mg/dl
9. The nurse would assess a patient with traction for which of the following complications of immobility:
- Constipation
 - Thrombophlebitis.
 - Both of them.
 - None of them.
10. A systemic disease caused by deposition of uric acid crystals in the joint and body tissues is called:
- Gouty arthritis.
 - Rheumatoid arthritis.
 - Osteoarthritis.
 - Osteoporosis.
11. In normal individuals erythrocytes are produced by the:
- Liver.
 - Spleen.
 - Bone marrow.
 - Lymph nodes.
12. To assist in diagnosis of myocardial infarction (MI), the first priority and diagnostic procedures is:
- ECG.
 - CKMB.
 - LDH.
 - Chest X-ray.
13. All of the following may induce angina pectoris EXCEPT:
- Light meal.
 - Exposed for cold.
 - Stress or emotion upset.
 - Physical exercises.

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14. All of the following would be expected symptoms of CHF EXCEPT:

- a) Polyuria.
- b) Peripheral edema.
- c) Oliguria.
- d) Pulmonary congestion.

15. When educating a hypertensive patient, the nurse instructs him to:

- a) Have regular eye examinations.
- b) Take antihypertensive drugs when the blood pressure is elevated.
- c) Avoid foods with concentrated sugars.
- d) Monitor their blood pressure annually.

16. The best definition of assessment is:

- a) The process of measuring how well a goal or objective is reached.
- b) An expected outcome or desired end result toward which the nurse works.
- c) The action of collection and organizing patient information.
- d) The acquisition of skills required to meet the needs of the patient.

17. Discharge planning for the hospitalized patient begins:

- a) When the patient is admitted to the health care agency.
- b) When the patient's physician gives the discharge order.
- c) When the patient begins to ask about his discharge plans.
- d) When all of the specific needs of the patient have been identified.

18. The condition in which a person is aware of his or her own heart contractions without having to feel the pulse is called:

- a) Arrhythmia.
- b) Pulse rhythm.
- c) Dysrhythmia.
- d) Palpitation.

19. The data given below is noted on a patient's record, which data is most subjective in nature?

- a) The patient's pulse rate is 72.
- b) The patient weighs 75 kg.
- c) The patient says he knows his diagnosis.
- d) The patient's BP is 140/90.

20. Which of the following is considered from the modifiable risk factors of CAD:

- a) Age.
- b) Sex.
- c) Race.
- d) Obesity.

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21. all of the following is considered from Percutaneous Coronary Interventions except:

- a) Percutaneous transluminal angioplasty.
- b) Intracoronary atherectomy.
- c) Intracoronary stent.
- d) Arthroplasty.

22. When giving instruction to a patient having angina pectoris regarding using nitroglycerine tablets you must:

- a) Repeat dosage in a few minutes for three tablets if relief is not obtained.
- b) Keep nitroglycerin in original plastic container.
- c) Nitroglycerin is not volatile and is not affected by heat, moisture, air, light.
- d) No need to take it prophylactically.

23. All of the following is considered from the signs and symptoms of left sided heart failure except:

- a) Shortness of breath.
- b) dyspnea on exertion.
- c) Fatigability from low CO.
- d) Brachycardia.

24. All of the following causes hypertension except:

- a) Pheochromocytoma.
- b) Cushing's syndrome.
- c) Hyperthyroidism.
- d) Hypoaldosteronism.

25. Which of the following is considered from life style modifications:

- a) Reduce dietary saturated fat and cholesterol.
- b) Increase sodium intake to 4.8 g or more per day.
- c) Lose weight if body mass index is lower than or equal to 25.
- d) Smoking only one packet per day.

26. Blepharitis means:

- a) An inflammation or infection of the glands and follicles of the eyelid margin.
- b) An inflammatory reaction of the eyelid margin caused by bacteria.
- c) Inflammation or infection of the bulbar or palpebral conjunctiva.
- d) Loss of epithelial layers of cornea due to some type of trauma.

27. Which of the following is considered from the signs and symptoms of cataract:

- a) Blurred or distorted vision.
- b) Glare from bright lights.
- c) Both of them.
- d) None of them.

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28. A special technique in which a pencil-like instrument with a metal tip is super cooled (-35°C), then touched to the exposed lens, freezing to it so the lens is easily lifted out is a type of cataract surgery which called:
- Phacoemulsification.
 - Cryosurgery.
 - Intracapsular extraction.
 - Extracapsular extraction.
29. In order to prevent post operative complications after cataract surgery the nurse should all of the following except:
- Caution patient against coughing or sneezing to prevent increased IOP.
 - Advise patient against rapid movement or bending from the waist to minimize IOP.
 - Allow patient to ambulate as soon as possible and to resume independent activities.
 - Instruct patient that may be more comfortable with head elevated 90 degrees and lying on the affected side.
30. Which of the following is not considered from the nursing care that the nurse should stress when caring for a patient after glaucoma surgery:
- Instruct patient to seek immediate medical attention if signs and symptoms of increased IOP.
 - Instruct patient in use of medications. Stress the importance of long-term medication use to control this chronic disease.
 - Advise patient to notify all health care providers of condition and medications and to avoid use of medications that may increase IOP.
 - No need to remind patient to keep follow-up appointments and encourage him to use corticosteroids and anticholinergics.

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Question Two:

II. Discussion questions:

Give short account on six questions of the following: (30 Marks)

- 1- Numerate the most common complication of acute glomerulonephritis.
 - 2- Management of adult patient who having nephritic syndrome.
 - 3- How you can Increasing Understanding and Practice of Preventive Measures in patient with lower urinary tract infection.
 - 4- Post operative care for a patient of prostatic surgery.
 - 5- Guidelines and primary prevention for cardiovascular disease.
 - 6- How you can reducing anxiety before eye surgery.
 - 7- Lifestyle modifications for a patient with hypertension.
-

Question three: (10 Marks):

To be answered only by the students who were not attending the midterm exam.

- 1- As a nurse how you can minimize the effect of immobility for patients after major orthopedic surgery?
- 2- What are the most common complications of casts?
- 3- Clinical course of acute renal failure.

Good luck for all
Dr. Ahmed Najim

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Answer Sheet

PART I: MCQs

1. a b c d	11. a b c d	21. a b c d
2. a b c d	12. a b c d	22. a b c d
3. a b c d	13. a b c d	23. a b c d
4. a b c d	14. a b c d	24. a b c d
5. a b c d	15. a b c d	25. a b c d
6. a b c d	16. a b c d	26. a b c d
7. a b c d	17. a b c d	27. a b c d
8. a b c d	18. a b c d	28. a b c d
9. a b c d	19. a b c d	29. a b c d
10. a b c d	20. a b c d	30. a b c d